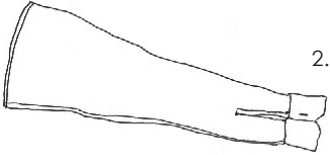


IRONING A SHIRT



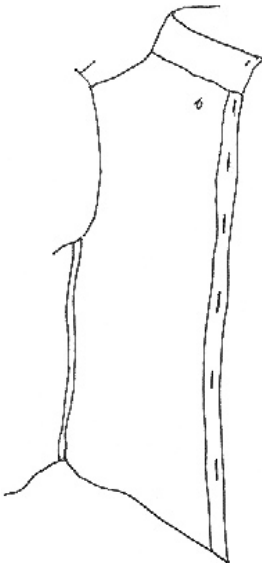
1. Lay the collar out flat and iron both sides, beginning with the underside, so that the side that shows needs very little ironing.



2. Fold cuff out flat and iron the inside first, then the outside. Next, align the sleeves at seams, making the sleeve smooth, with no wrinkles and iron flat, even over the fold and iron, again doing the underside first.



3. You will next iron the yoke and shoulder seams. Open the shirt and slip the sleeve over the narrow end of the ironing board so you can lay the shoulder seams flat like the diagram. Iron over the seam, into the shirt front and over the sleeve seam and into the yoke. Do this for both sides. Then lay the mid part of the yoke out flat on the board and iron it (you only need to iron the outside of the yoke).



4. Next, iron the side seams and the shirt fronts. Iron over the buttonholes, but iron between the buttons using the point of the iron, directing the point towards the shirt from the edge, so most of the iron is on the ironing board and not on the shirt. Then iron the shirt back, laying it out carefully and moving from one side to the other. If there is a pleat in the back, fold it as it would be when flat and press, but not all the way to the hem. Press only about three inches and iron the rest of the shirt back smooth and flat. Don't forget to iron the hems of the shirt.